

February 4, 2026

Sinkut View Elementary

Phone: (250) 567-5133

We are grateful to live, work, and play on the unceded, ancestral territories of fourteen First Nations representing the Dakelh, Nedut'en and Wet'suwet'en peoples.

MESSAGE FROM THE PRINCIPAL

Hadih, Sinkut View community!

Rain, rain, go away... What happened to our beautiful winter? As always, we adapt and stay open minded. Life is about constant change, isn't it? We continue to love the increasing amount of daylight, that's for sure!

Welcome February and the month of heart work! Our JumpRope for Heart learning kicked off on Monday and will end on February 27th in our assembly. As I've tried to communicate as clearly as I can: there is NO pressure to fundraise or donate to this campaign, but you are welcome to if you want and can. Regardless, we will be learning about heart health this month ♥ We have a fun Valentine's themed day and whole school dance coming up next week. Then we will move into Pink Shirt Day and wrap the month up with two Share the Love Days.

Also, grade 4-6 students are working on their Science Fair projects. You will see information about our upcoming Science Fair shortly. It will be held here at school in the morning of Friday the 20th. You are welcome to attend and see all the learning. If you know of someone who would be a great science fair judge and who is not directly connected to

a student here at the school, please let me know ASAP.

In Dakelh, the weekly word is "five": Skwun lai. We are now able to practice counting to five in our local language: Lhuk'ai, Nan koh, Ta gih, Dun gi, Skwun lai. Isn't that fantastic? Keep practicing with me 😊

Have a wonderful week and please communicate if you have any questions or concerns. I am happy to connect!

Mia Moutray
Principal



February 5 – Grade 6 Band

February 6 – ProD Day – No School

February 9 – Hockey Academy

February 9 – Grade 5 Band

February 10 – Hockey Academy

February 10 – Grade 5 Band

February 11 – Grade 6 Band

February 12 – Indoor Soccer Play Day –
Gr. 2s and 3s

February 13 – LEADS – Red, White and Pink Theme Day

February 13 – All School Valentine's Dance at 2pm

February 16 – Family Day – No School

February 20 – Science Fair at SKV

February 25 – Pink Shirt Day

February 26 & 27 – Share the Love Days



NECHAKO LAKES SCHOOL DISTRICT

KINDERGARTEN REGISTRATION

SEPT 2026

SCHOOL DISTRICT 91 NECHAKO LAKES

****NEW DATE for 2026****
Registration Opens:
February 2nd

**Registrations accepted for
for children born in 2021**

Parents/Caregivers can register at
their local catchment school office

QUESTIONS:
CONTACT YOUR LOCAL
SCHOOL OFFICE

**Out of catchment registration
opens on March 9**

YMCA BC
Shine On

Featuring our **Playing
to Learn** curriculum,
YMCA Preschool
programs help your
child **get ready for
Kindergarten!**

Tues/Thurs • \$56.00/ Month
Mon/Wed/Fri • \$84.00/Month

**Sign up today at
nbc.ymca.ca/child-care**



**Our lost and found bin is overflow-
ing. Please have a look at and see if
anything belongs to your family.**

YMCA BC
Shine On

Sign up for School Age
Care at Evelyn Dickson
Elementary!

Care options include
**before and after
school care!**

**YMCA School Age Care
includes:**

- quiet and active play
- exciting physical activities
- valuable time outside
- time with staff who truly care
about your child

Register at
nbc.ymca.ca/child-care

NEWSLETTERS: Newsletters will go
home on Wednesdays. If you wish to
receive a copy by e-mail, please send a
request to sswanson@sd91.bc.ca

SCHOOL DISTRICT 91 NECHAKO LAKES

Proposed Policy Update

The following draft policy is currently open for public feedback
until 4:30 p.m. on Friday, February 13, 2026.

[Policy 101.1.1 – Trustee Elections – Bylaw](#)

Members of the public are welcome to review all the information, including
how to provide feedback, on the [SD91 Policies and Regulations webpage](#).

SAIK'UZ FIRST NATION
EDUCATION DEPT PRESENTS

CULTURAL DAY

Jan 21
Feb 18, March 11 & March 25
3 pm - 7 pm | The Gathering Place
Saik'uz Band Office

Feb 6-7 (Snow Days) will be both an indoor and
outdoor event based at the Band Office
10 am - 3 pm

Cultural Activities
Light Meals
Everyone Welcome

Have Questions? Contact:
education@saikuz.com | 250-567-9293



School Board Meeting

Monday, February 23, 2026

6:30 pm

**School Board Office
Vanderhoof, BC**

Important Public Attendance Notice:

Members of the public are invited to attend Regular Meetings of the Board of Education.

Due to limited space and seating availability, please request your seat in advance if you wish to attend in person.

Alternatively, members of the public may attend this meeting virtually through Microsoft Teams. To take advantage of this online attendance option, please visit www.sd91.bc.ca/meeting-information for the Teams link.

To view the meeting agenda, please visit www.sd91.bc.ca/board-agendas-and-minutes.

Contact:

Heather Silver

Executive Assistant to the Superintendent
250-567-2284 ext. 9003

hsilver@sd91.bc.ca

UPCOMING DATES:

JANUARY 16

JANUARY 30

FEBRUARY 27

MARCH 13

APRIL 17

MAY 15

MAY 29

JUNE 12

JUNE 26

SELECT FRIDAYS
AFTER SCHOOL

CHILL ZONE

@the Library

3:20 - 4:45
ON SELECT FRIDAYS

FOR AGES 8+
WHO ARE CONFIDENT PLAYING
TOGETHER ON THEIR OWN.

YOU CHOOSE

DROP IN : VIDEO GAMES : CRAFTS : MUSIC : BOARDGAMES



SAIK'UZ
FIRST
NATION

FEBRUARY

Cultural Days

Najaz Dzen - Snow Days

February 6 & 7, 2025
10AM-3PM
The Gathering Place
(Saik'uz Band Office)
135 Joseph Street

Everyone Welcome!

Indoor & Outdoor Activities!

Lunch Provided

Competitions & Prizes!

Have Questions? Contact:
education@saikuz.com
250-567-9293

Vanderhoof Children's theatre proudly Presents

Disney Aladdin JR.

January 28,29,30,31
February 4,5,6,7

Showtimes at 7:00pm, doors open at 6:30
With two special matinees on
Jan 31 & Feb 7 at 1:00pm doors open at 12:30

Integris Community Theatre

Tickets available at California Dreamin'
Students/Senior \$10 in advance, \$12 at door
Adults \$12 in advance, \$15 at door

Disney's Aladdin JR is presented through special arrangement with and all authorized materials supplied by,
Music Theatre International, New York, NY 212-541-4684 mtishows.com
Music by Alan Menken, lyrics by Howard Ashman, Tim Rice and Chad Beguelin, Book by Chad Beguelin

Sponsored by



Night Owl Maintenance Ltd.
2024-2025 Season

Recreation Schedule

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
Little Learners 10am-11am 3-5 Yrs Y Theatre 1pm-2pm 3-5 Yrs Winter Create 3:30PM-4:30PM 6-12 Yrs	2 Little Artists 10am-11am 3-5 Yrs Dino Crafts 1pm - 2pm 3-5 Yrs Science Day 3:30PM -4:30PM 6-12 Yrs	3 Little Movers 10am-11am 3-5 Yrs Story Time 11:30am-12:30pm 0-3 Winter Crafts 3:30PM -4:30PM 6-12 Yrs	4 Tiny Tumblers 10am-11am 0-3 Yrs Winter Art 1pm-2pm 3-5 Yrs WinterExploration 3:30PM-4:30PM 6-12 Yr	5 Pro-D Day - Tie Dye 9:30am - 3:30pm 6-12 yrs	6 7	8
9 Little Learners 10am-11am 3-5 Yrs Y Theatre 1pm-2pm 3-5 Yrs Winter Create 3:30PM-4:30PM 6-12 Yrs	10 Little Artists 10am-11am 3-5 Yrs Dino Crafts 1pm - 2pm 3-5 Yrs Science Day 3:30PM -4:30PM 6-12 Yrs	11 Little Movers 10am-11am 3-5 Yrs Story Time 11:30am-12:30pm 0-3 Winter Crafts 3:30PM -4:30PM 6-12 Yrs	12 Tiny Tumblers 10am-11am 0-3 Yrs Winter Art-Valentine's 1pm-2pm 3-5 Yrs Winter Exploration 3:30PM-4:30PM 6-12	13 Outdoor Exploration 1pm-2pm 3-5 Yrs Winter Art-Valentine's 3:30PM-4:30PM 6-12 Yr	14	15
16 FAMILY DAY (VCC CLOSED)	17 Little Artists 10am-11am 3-5 Yrs Dino Crafts 1pm - 2pm 3-5 Yrs Science Day 3:30PM -4:30PM 6-12 Yrs	18 Little Movers 10am-11am 3-5 Yrs Story Time 11:30am-12:30pm 0-3 Winter Crafts 3:30PM -4:30PM 6-12 Yrs	19 Tiny Tumblers 10am-11am 0-3 Yrs Winter Art 1pm-2pm 3-5 Yrs Winter Exploration 3:30PM-4:30PM 6-12	20 Outdoor Exploration 1pm-2pm 3-5 Yrs Winter Art 3:30PM-4:30PM 6-12 Yr	21	22
23 Little Learners 10am-11am 3-5 Yrs Y Theatre 1pm-2pm 3-5 Yrs Winter Create 3:30PM-4:30PM 6-12 Yrs	24 Little Artists 10am-11am 3-5 Yrs Dino Crafts 1pm - 2pm 3-5 Yrs Science Day 3:30PM -4:30PM 6-12 Yrs	25 Little Movers 10am-11am 3-5 Yrs Story Time 11:30am-12:30pm 0-3 Winter Crafts-Pink Shirt 3:30PM -4:30PM 6-12 Yr	26 Tiny Tumblers 10am-11am 0-3 Yrs Winter Art 1pm-2pm 3-5 Yrs WinterExploration 3:30PM-4:30PM 6-12	27 Outdoor Exploration 1pm-2pm 3-5 Yrs Winter Art 3:30PM-4:30PM 6-12	28	



Facility Hours
 Monday–Friday • 8:00am–5:30pm
 186 Columbia Street, Vanderhoof

Contact: vcc@bc.ymca.ca
 (250) 570-9505
Register online: mynbcy.ca

Vanderhoof Community Centre • (250) 570-9505 • nbc.ymca.ca

Children, Youth & Family Services Activity Calendar

FEBRUARY / 2026



SUN	MON	TUES	WED	THURS	FRI	SAT
Families Matter 1 Drop In Group Available At All Office Hours	2	You(th) Matter 3 11:00-1:00 FSJSS & FLESS	4	You(th) Matter 5 10:00-12:00 NVSS	PRO-D DAY 6 Mad Scientists 10:00 am-03:00 pm (6-12 y/o)	7
8	9	You(th) Matter 10 11:00-1:00 FSJSS & FLESS	11	You(th) Matter 12 10:00-12:00 NVSS	13 Valentines Baking 03:00 pm-04:30 pm (8-12 y/o)	14
15	STAT - CLOSED Family Day	16 You(th) Matter 11:00-1:00 FSJSS & FLESS	18	You(th) Matter 19 10:00-12:00 NVSS	20 Crafting Time 03:00 pm-04:30 pm (6-12 y/o)	21
22	23 Movies and Boardgames 03:00pm-04:30pm (6-12 y/o)	24 You(th) Matter 11:00-1:00 FSJSS & FLESS	25	You(th) Matter 26 10:00-12:00 NVSS	27 Outdoor exploration 03:00 pm-04:30 pm (6-12 y/o)	28

February/March 2026 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pancakes and Sausage 	3 Beef Stew 	4 Chicken and Rice Casserole 	5 Pizza Bagel 	6 Pro-D Day
9 Eggs and Sausage 	10 Chicken Chow Mein 	11 Taco Salad 	12 Mac and Cheese 	13 Filipino Pork Steak 
16 Family Day	17 Spaghetti 	18 French Toast 	19 Salmon Salad Wrap 	20 BBQ Chicken 
23 Chili 	24 Tuscan Chicken 	25 Quesadilla  Pink Shirt Day	26 Hot Dogs 	27 Chicken Caesar Wrap 

MARCH

MARCH 2 Corn Chowder 	3 Taco Casserole 	4 Shake & Bake-Style Chicken Legs 	5 Turkey and Cheese Sandwich 	6 Asian-Style Beef and Potato Stir-Fry 
9 Fish Sticks 	10 <i>Half Day</i>	11 Snack Plate 	12 Beef Broccoli 	13 Chicken Noodle Soup 

* Please note: Our kitchen is not fully vegetarian or Gluten free*

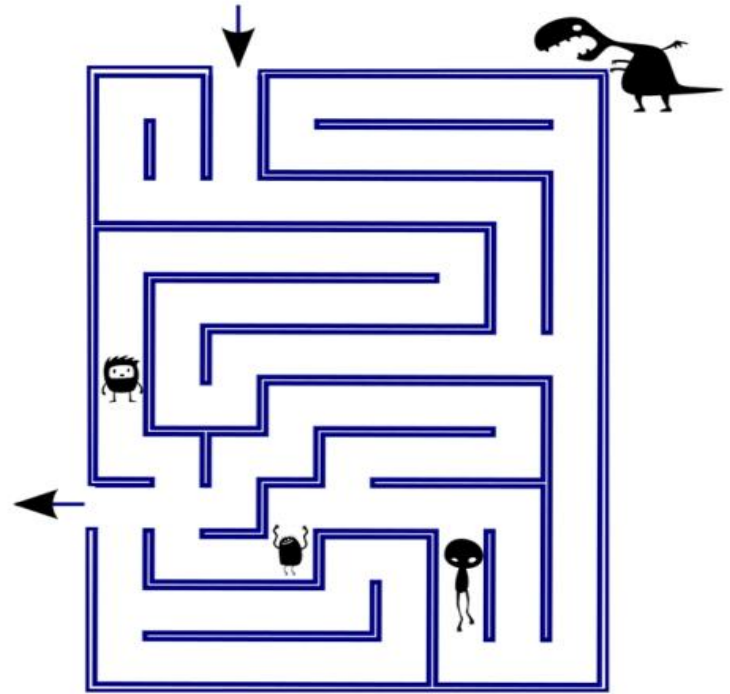
(V) indicates vegetarian option is available if pre-requested

Kid's Corner



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Friendly Monsters

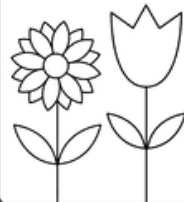


Find your way through the maze without running into any of the monsters. Don't worry if you do see one though, they are actually quite nice!



SPRING GARDEN

R	L	L	S	M	C	V	E	X	K
O	K	D	A	R	A	I	N	N	M
S	A	X	W	L	G	R	A	S	S
E	I	R	I	S	I	A	B	L	U
O	Z	J	S	T	U	L	I	P	C
Q	S	P	R	I	N	G	R	X	D
E	N	I	A	Y	U	Y	D	L	A
R	E	L	X	G	D	W	S	I	I
P	J	N	E	S	T	M	R	L	S
R	F	H	Y	N	H	K	V	Y	Y



WORD LIST

BIRDS	NEST
DAISY	RAIN
GRASS	ROSE
IRIS	SPRING
LILY	TULIP



Homemade
GIFTS MADE EASY