



MESSAGE FROM THE PRINCIPAL

Hadih Sinkut View Family,

Hope you all enjoyed the long weekend and got to get outdoors! The lake was great to get out to and I got lots done on my yard, too.

We are down to six weeks left in the school year; it is a busy six weeks as you can see by the length of upcoming events. Make sure you take note of those and ensure that students are prepared for those days. Flip flops and slides are hard to do outdoor activities in!

We have the ADST Carpentry Trailer here this week. Mrs. Hilman's class is hard at work with the sanders getting the wood prepped for their Carl's Cars event next week and the picnic tables they have fundraised all year for their friends at the Manor. Can wait to see how they turn out!

Our primary students are heading to Fort St. James tomorrow for the District Primary Fun Run. There is a lot of excitement for this trip and it will be a great day. The intermediates are training for Track and Field next week at NVSS. Lots of running, jumping, and throwing is going on in our school yard.

Have a great week,

Jason Kadonaga

Dakelh Word of the Week

kegon ~ shoes

Scan here to access the links in the newsletter.



Upcoming Events

- May 23 – BBQ Chicken and Salad Bar
- May 23 – Primary Fun Run K – 3 in Fort St James
- May 24 – French Toast
- May 24 – High Tea hosted by the PAC
- May 27 – Sausage and Eggs
- May 29 – Taco Casserole
- May 29 – Carl's Cars at NVSS
- May 30 – Pork in Mushroom Gravy and Salad Bar
- May 30 – Track and Field for Gr. 4, 5, and 6 at NVSS
- May 31 – Mrs. Hilman's class Salmon Release
- May 31 – Trip to Ferland Park
- May 31 – Mrs. Nevidon's class to Aquatic Centre
- June 5 – Mrs. Hilman's class Manor Visit
- June 7 – Sturgeon Release
- June 7 – Grade 6 BBQ



come on by
FOR A COZY CUPPA TEA!

Friday | May 24th | 1 o'clock

Sinkut View Elementary School

Please wear bright colors and bring your favorite teacup! Refreshments provided.

Come celebrate all the special people in our lives.

Families welcome, please return your RSVP form back to the school by May 17th as we have limited gym capacity.



Greetings ISLANDS

Hot Lunch Orders

Going forward hot lunch ordering will be offered online unless a paper order form is requested. Thanks for helping us keep paper costs down! Please let Mrs. Swanson know if you need assistance setting up your MunchaLunch account. Hot lunch can be ordered monthly or weekly.

Hot lunch is now available on Monday, Wednesdays, Thursdays, and Fridays
[MunchaLunch](#)



DANCING TOGETHER

A FREE COMMUNITY BHANGRA SESSION HOSTED BY THE GOOD NEIGHBOURS COMMITTEE WITH **GURDEEP PANDHER**
2PM ON SATURDAY, JUNE 1, 2024
AT FERLAND PARK IN VANDERHOOF, BC
(CORNER OF CHURCH AVE & VICTORIA ST)

Gurdeep Pandher is a Yukon-based Bhangra artist and educator. He lives in a small cabin without running water in the wilderness, creating performance pieces that bring together people from all backgrounds while promoting industry. He is best known for bringing joy, hope and positivity during the pandemic through his online dance classes, videos and uplifting messages... often dancing on frozen lakes and rivers in temperatures as cold as -45°C!

Bhangra is a traditional folk dance of Punjab. Gurdeep's Bhangra dance sessions are based on body and mind movement. They are a joyful way to introduce physical exercise and a nourishing route to a wholesome mental well-being wonderland.

This event has been made possible by a group of dedicated volunteers with funding from the Government of Canada, Government of British Columbia, and the District of Vanderhoof.

To learn more about the Good Neighbours Committee, visit www.gnc-nechako.org or follow us on Facebook.

For more information about Gurdeep and Bhangra, visit www.gurdeep.ca or scan the QR code.



Registration is now open for the 2024 Summer Season! We offer full and 1/2 summer registration packages. Summer registration fees includes all practices, fun events, BCSSA annual fees, and swim meet entries! Please see our website below for more information and join our FB page: Nechako Valley Swim Club. Join the fun! [Nechako Valley Swim Club Website/Registration](#)

Nechako Valley Swim Club

