





Phone: (250) 567-5133

November 22, 2023

Sinkut View Elementary

We are grateful to live, work, and play on the unceded, ancestral territories of fourteen First Nations representing the Dakelh, Nedut'en and Wet'suwet'en peoples.

MESSAGE FROM THE PRINCIPAL

Hadi,

Last full week of November, only 33 more sleeps (30 for teachers)! This year seems to be flying by. Lots of activity is going on around the school. Students are showing what they know to teachers who are assessing for the Formal Learning Updates (formally known as report cards) that will be coming home on December 1st.

A big shout out to our athletes who represented our school so well at District Play Day last Thursday. The Grade 4s and 5s were at Northside showing off their Handball skills and sportsmanship! Our Grade 6s had huge smiles at NVSS for Volleyball where they played against a lot of Grade 7 players and held their own! Great job! We are proud of you all!

I am happy to announce that our new internet-based phone system was installed yesterday! We are busy playing with new features and figuring it all out, but we should be at least able to answer the phone when you call!

Finally, Mrs. Morris-Mullings will be on medical leave for the next week and possibly longer. A huge thanks to Mrs. Cyndi Lauze for helping us out during this time. Best wishes for a speedy recovery for Monique.

Snachailya!

~ Mr. Jason Kadonaga

Hot Lunch Orders

Going forward hot lunch ordering will be offered online unless a paper order form is requested.

Thanks for helping us keep paper costs down! Please let Mrs. Wiens know if you need assistance setting up your MunchaLunch account. Hot lunch can be ordered monthly or weekly, cutoff dates are the Thursday before the following week.

MunchaLunch

Dakelh Word of the Week

Nats'ildelh

Squirrel



Nov. 23 - Hot Lunch: Mac & Cheese and Salad Bar

Nov. 24 - Pro D Day, no school

Nov. 27 - Hot Lunch: Chicken Rice Casserole

Nov. 30 – Lasagna and Salad Bar

Dec. 1 – SOAR Assembly 11:00 a.m.

Dec. 1 – Formal Learning Updates Sent home

Dec. 8 – Skating: Mrs. Hilman's Class

Dec. 13 - Manor Visit: Mrs. Hilman's Class

Dec. 13 - PAC Meeting: 6:00 p.m.

Dec. 15 - Skating: Mrs. Wruth's Class

Dec. 18 – Ugly Sweater Day

Dec. 19 – Crazy Hair Day

Dec. 20 – Christmas Character Day

Dec. 21 - Jingle Day

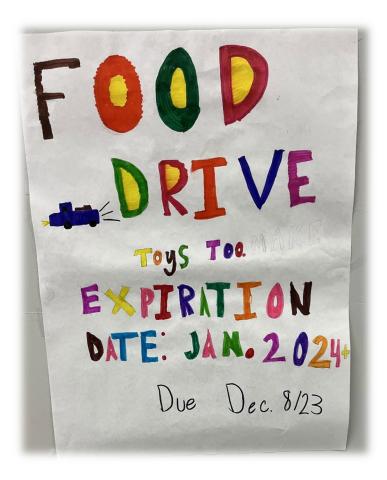
Dec. 21 – Christmas Concert, 6:30 p.m.

Dec. 22 – Skating: Mrs. Ottesen's and Mrs. Mullings'

Dec. 22 – Pancakes & Pajama Day and Bingo (PAC pancake breakfast at 11:00 a.m.)

Dec. 22 – Last day of school before Winter Break

Jan. 8 - First day back to school



Most of you are familiar with BC Children's Hospital and the great work that they do to support children and families in our province. However, BC Children's Hospital is much more than a physical resource, they're also home to the Kelty Mental Health Resource Centre with a wideranging variety of information, resources, tips, etc. to help children and youth, as well as their parents/caregivers. Benjamin Franklin once stated, "An ounce of prevention is worth a pound of cure."

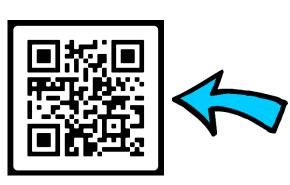
Kelty Mental Health has a great section on Healthy Living that helps to build a healthy foundation. I'd encourage you to take some time to check it out. Some of it might already be a part of your family's routine, but you're likely to find some other helpful tips and reminders that could help in the long run, as you navigate life with your growing family.



https://keltymentalhealth.ca/healthyliving







Scan here to access Munchalunch!

