



October 30, 2024

Sinkut View Elementary

Phone: (250) 567-5133

We are grateful to live, work, and play on the unceded, ancestral territories of fourteen First Nations representing the Dakelh, Nedut'en and Wet'suwet'en peoples.

MESSAGE FROM THE PRINCIPAL

Hadih parents,

Thank you so much to all of the parents who came in today to help gut and carve the pumpkins! We did almost 90 pumpkins today and tomorrow evening they will be at the pumpkin walk. It is great seeing parents and grandparents in our school on a regular basis!! A final reminder about costumes for tomorrow: No masks, no weapons, no adult themed costumes, and no culturally insensitive costumes. I would like to invite all available parents, grandparents, and family friends to our annual Remembrance Day assembly next week. This year, our assembly is being held on Friday, November 8 at 11am. Our grade 5/6 class will be taking on significant leadership roles in this assembly.

Mrs. Geddes



Upcoming Events

October 31 – Chicken Ranch Wrap
October 31 – Grade 6 Band
November 1 – Sweet & Sour Meatballs
November 4 – Fish Sticks
November 4 – Grade 5 Band
November 4 – Hockey Academy
November 5 – Fettucine Alfredo
November 5 – Hockey Academy
November 5 – Grade 5 Band
November 6 – Grilled Cheese and Tomato Soup
November 6 – Grade 6 Band
November 7 – Tacos
November 7 – Grade 6 Band
November 8 – Pancakes and Sausages
November 12 – Roast Beef and Cheese Bun
November 12 – Grade 5 Band
November 12 – Hockey Academy
November 13 – Spaghetti
November 13 – Grade 6 Band

**Colouring pages were inserted in this week's newsletter. Return your page to the office for a chance to win a gift certificate. Draw on November 15th.



2024 Jackrabbit Ski Program

The objective of The Jackrabbit Program is for children (ages 4-12) to learn basic cross country ski skills and to instill a lifelong interest in the sport, thereby enhancing their quality of life and health!

REGISTRATION for The Jackrabbit Program can be made online at:

<https://zone4.ca/register.asp?id=32959&lan=1&cartlevel=1>

For additional funding eligibility go to kidsports.ca

Lessons start January 11th (January 18th for Bunnies) and run on Tuesday evenings from 6:00-7:30pm and Saturdays from 10:00am-12:00pm.

To avoid being disappointed please register as soon as possible as space is limited!!

See you on the trails!



NEWSLETTERS: Newsletters will go home on Wednesdays. If you wish to receive a copy by e-mail, please send a request to sswanson@sd91.bc.ca

Vanderhoof Clippers Speed Skating Club 2024 - 2025 Season



Registration is Open!!

From beginners to advanced skaters from age 4 years to adult.

Speed skates available for rent.

Low cost, fun and fast winter sport!

Must be 4 years old on or before June 30th.

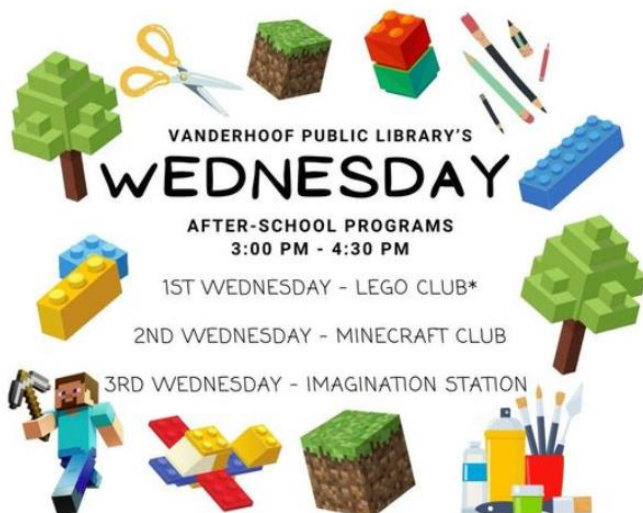
Questions? Contact Terry Lazaruk 250-570-8444.

Registration link: <https://icereg.ca/#!/events/vanderhoof-clippers-speed-skating-club-20242025-2025>

vanderhoofspeedskating@gmail.com

Dakelh Word of the Week

'abulus ~ apple



CONTACT SARA
SARA@VANDERHOOFLIBRARY.COM
250-567-4060



Nechako Figure Skating Club

**Do you have a child ready to skate?
REGISTRATION IS OPEN!**

Nechako Figure Skating Club (NFSC) has programs for children and youth of all ages! Come out and join us for a fun year!

REGISTRATION LINK:

<https://nechakofsc.uplifterinc.com/registration>

Contact : nechakofsc@gmail.com

www.nechakofsc.com

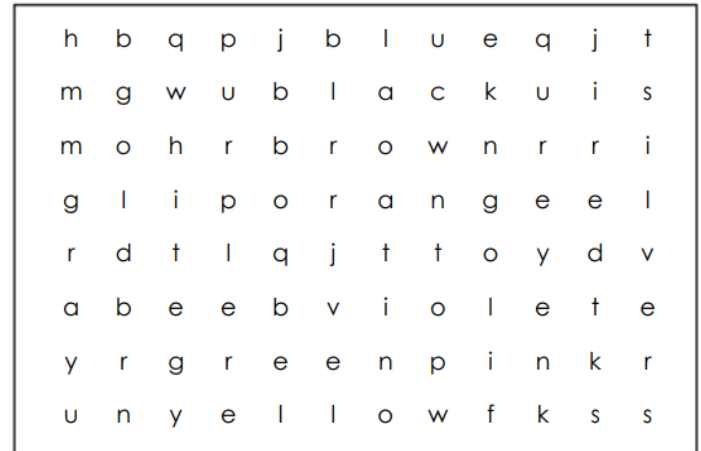


Registration is now open for the Fall Session, October 1st - December 14th. Pick one day or two days per week options. We're always accepting new swimmers to the club! There is a payment plan available and all family members must register at the **SAME** time for the family discount to apply. Please see the following website for more info. or check out our Facebook page: Nechako Valley Swim Club.

[Nechako Valley Swim Club Website/Registration](#)



Word Search



Find the following words in the puzzle.
Words are hidden → and ↓ .

orange
yellow
purple
violet
silver

black
green
brown
white
blue

pink
gray
gold
red



Why did the pony get sent to his room?

He wouldn't stop horsing around!

Hot Lunch Orders

Hot lunch ordering is done online unless a paper order form is requested. Thanks for helping us keep paper costs down! Please

let Mrs. Swanson know if you need assistance with your MunchaLunch account. Hot lunch can be ordered daily, weekly or monthly.

Hot lunch is available everyday.

www.munchalunch.com



NOVEMBER 2024 MENU



Each meal is \$6.00. Place your order online through Munch-A-Lunch.

Student's Name: _____ Teacher: _____

Total Amount: _____

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! **Cheques should be made payable to SD91**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Sweet & Sour Meatballs 
4 Fish Sticks 	5 Fettucine Alfredo (V) 	6 Grilled Cheese and Tomato Soup (V) 	7 Tacos and Salad Bar 	8 Pancakes and Sausages  Remembrance Day ceremony
11 Remembrance Day NO SCHOOL	12 Roast Beef and Cheese Bun 	13 Spaghetti 	14 Breakfast Wrap and Salad Bar (V) 	15 Pork in Mushroom Gravy and Rice 
18 Sausage and Eggs 	19 Ham and Potato Soup 	20 Bacon and Lettuce Wrap 	21 Chicken Chow Mein and Salad Bar 	22 PRO-D DAY NO SCHOOL
25 Pizza Bagel 	26 Sloppy Joes 	27 Butter Chicken 	28 French Toast and Salad Bar (V) 	29 Corn Chowder 