



November 12, 2025

Sinkut View Elementary

Phone: (250) 567-5133

We are grateful to live, work, and play on the unceded, ancestral territories of fourteen First Nations representing the Dakelh, Nedut'en and Wet'suwet'en peoples.

MESSAGE FROM THE PRINCIPAL

Hadih, Sinkut View community!

A week went by in no time and it's Wednesday again! Last week, the teachers and I started collaborating. This will happen every second Friday 1:50 – 2:53 pm. The support staff will be in charge of a planned activity during this time. FYI, next Collaboration time will happen on the 20th, as the 21st is a Pro-D day.

Thank you to those who were able to join us at the Sinkut View Elementary Remembrance Day Ceremony on Monday. It is always so wonderful to have you here! We also appreciated the photos of family members who serve/served in wars. This contribution made our Ceremony personal.

I would like for all of you to mark your calendars as next week, on November 19th, includes the big PlayDay (Volleyball for the gr 6s and Handball for gr 4-5s). Thank you to the amazing Nikki Martens-Pickett who has coached the gr 6s! What would we do without all our parents' dedicated support? Please encourage

your gr 4-6 child to participate in the Playday! We hope to see as many as possible there to show up for the team, cheer and have fun!

Also, PACs Winter Carnival happens in the evening of November 20th. Please return the RSVPs as soon as possible and keep checking our Facebook page for more details.

This week's Dakelh word is "Too" meaning water. Thank you, Mrs. John, for supporting us learning the local Indigenous language. It is very special to be learning a language that developed in this particular place and that is not spoken anywhere else on the planet.

As you can tell, we keep growing minds, bodies and hearts here at Sinkut View all the time! There is never a dull moment, and I am so grateful to be here.

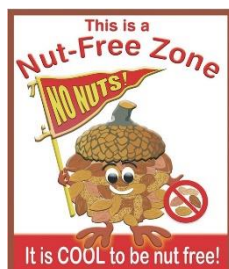
As always, reach out if you have any questions or need to share anything it would be helpful for me/us to know!

Take care,
Mia Moutray
Principal



Upcoming Events

November 13 – Ham and Cheese Sandwich
 November 13 – Grade 6 Band
 November 14 – Pork and Mushroom in Gravy Sauce
 November 17 – Chicken Chow Mein
 November 17 – Hockey Academy
 November 17 – Grade 5 Band
 November 18 – Broccoli and Cheese Soup
 November 18 – Hockey Academy
 November 18 – Grade 5 Band
 November 19 – Bacon Ranch Wrap
 November 19 – Grade 6 Band
 November 20 – Breakfast Wrap
 November 20 – Grade 6 Band
November 21 – Pro-D Day – No School
 November 24 – Pizza Bagel
 November 24 – Hockey Academy
 November 24 – Grade 5 Band
 November 25 – Butter Chicken
 November 25 – Hockey Academy
 November 25 – Grade 5 Band
 November 26 – Quesadilla
 November 25 – Grade 6 Band
 November 27 – Sloppy Joes



NEWSLETTERS: Newsletters will go home on Wednesdays. If you wish to receive a copy by e-mail, please send a request to sswanson@sd91.bc.ca





School Board Meeting

Monday, November 17, 2025

6:30 pm

**School Board Office
Vanderhoof, BC**

Important Public Attendance Notice:

Members of the public are invited to attend Regular Meetings of the Board of Education.

Due to limited space and seating availability, please request your seat in advance if you wish to attend in person.

Alternatively, members of the public may attend this meeting virtually through Microsoft Teams. To take advantage of this online attendance option, please visit www.sd91.bc.ca/meeting-information for the Teams link.

To view the meeting agenda, please visit www.sd91.bc.ca/board-agendas-and-minutes.

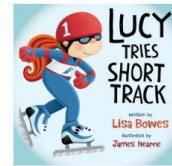
Contact:

Heather Silver

Executive Assistant to the Superintendent
250-567-2284 ext. 9003

hsilver@sd91.bc.ca

Vanderhoof Clippers Speed Skating Club 2025 - 2026 Season



Registration is Open!!

ACTIVE STARTS

Low cost, fun and fast winter sport!

Ages 4-5

Must be 4 years old on or before June 30th

Monday and Friday at **6:00pm**

All you need is a helmet and hockey skates to start

Cost: **\$200.00**

Questions? Contact:

vanderhoofspeedskating@gmail.com



**Nechako
Figure Skating Club**

REGISTRATION IS OPEN!

Do you want to learn to skate or have a child that wants to learn to skate?

Registration is open for Nechako Figure Skating Club!

Ages 3 and up

Please visit our website for schedules and information.

REGISTRATION LINK:

<https://nechakofsc.uplifterinc.com/registration>

Contact : nechakofsc@gmail.com www.nechakofsc.com

Nechako Lakes seeks YOUR Input, Vanderhoof community members!



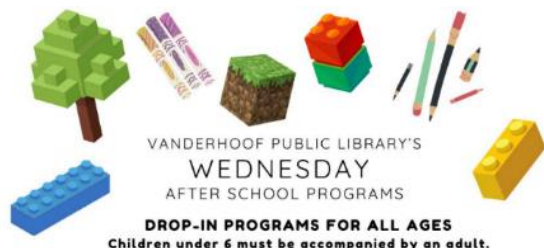
As we near the end of 2025, it is time to update our Strategic Education Plan.

We hope to hear diverse voices and opinions from a wide scope of Rightsholders, stakeholders, community members and partners. Your input will help inform our updated Strategic Education Plan that will guide our work into the 2030's!

Please join us for our in-person community engagement session on **Monday, November 3 – 4:00 p.m.** in the Integris Community Theatre (small auditorium) at NVSS. This session will consist of small group / round-table conversations so every voice can be heard.

We will also hold virtual sessions on **November 19 (3:00 p.m.)** and **November 25 (6:00 p.m.)** for those who are unable to attend in person.

Please visit our [Strategic Education Plan webpage](#) for online meeting links and more information.



1ST WEDNESDAY OF THE MONTH* - LEGO CLUB
2ND WEDNESDAY OF THE MONTH - MINECRAFT CLUB
3RD WEDNESDAY OF THE MONTH - IMAGINATION STATION

*PROGRAMS RUN ON THE FIRST WEDNESDAY OF EACH MONTH, BASED ON THE SCHOOL CALENDAR



REGISTRATION IS OPEN!

REGISTER BY NOV 30TH

KidSport grants available for season membership and rental! Check to see if your family qualifies with the link below.

COME SPEND SOME TIME OUTDOORS THIS WINTER AND LEARN TO LOVE CROSS COUNTRY SKIING
RECOMMENDED FOR AGES 4-12
ALL EXPERIENCE LEVELS WELCOME!

[HTTPS://ZONE4.CA/REGISTER.ASP?ID=39562](https://zone4.ca/register.asp?id=39562)
QUESTIONS? CONTACT STEPH ROLLER (SVONROLLER@GMAIL.COM) OR SAMMY MORIN (SAMANTHA.MORIN.MASSAGE@GMAIL.COM)

EDUCATION DEPT PRESENTS

CULTURAL DAY

Oct 16, Nov 6, Nov 27, Jan 7, Jan 21,
Feb 6-7 (Snow Days), Feb 18, March 11 & March 25

3 pm - 7 pm

THE GATHERING PLACE
(SAIK'UZ BAND OFFICE)

*Cultural Activities
Light Meals
Everyone Welcome*

Have Questions? Contact:
education@saikuz.com | 250-567-9293

Shine On

Sign up for School Age Care at Evelyn Dickson Elementary!

Care options include **before and after school care!**

YMCA School Age Care includes:

- quiet and active play
- exciting physical activities
- valuable time outside
- time with staff who truly care about your child

Register at
nbc.ymca.ca/child-care

November Kids Groups

Cost: Free

November is here! We're planning some fun activities for your kids! Space is limited. Registration is required.

Ages: 6 - 12 years of age

November 5, 12 & 18, 2025

3:00pm - 4:30pm

After school movies and board games! Pick one, two, or all three dates!

November 21, 2025

10:00am - 3:00pm

Pro-D Day fun! Join us for a movie, art, and outside activities!

For more information & to register, contact:

Declan Cooper-Smith

Email: dcooper-smith@connexus.ca

Phone: (250) 570-1648



Recreation Schedule

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
Parent & Tot 10:00AM-11:00AM 0-5 Y Create- 03:30PM-04:30PM 6-12	3 Little Learners 3-5 10:00AM-11:00AM Dino Crafts-Fossils 3-5 11:30AM-12:30PM Science Day 6-12 yrs 3:30PM-4:30PM	4 Tiny Tumblers 0-5 10:00AM-11:00AM Mini Games-TicTacToe 11:30AM-12:30PM 3-5y Y Games-Dodgeball 6-12 3:30PM-4:30PM	5 Little Artists 3-5 10:00AM-11:00AM Animal World-Charade Dice 3-5 yrs 1:00PM-2:00PM	6 Y Crafts-Remembrance Day 6-12 3:30PM-4:30PM	7	8
Parent & Tot 10:00AM-11:00AM 0-5 Y Create- 03:30PM-04:30PM 6-12	10 Closed Remembrance Day	11 Tiny Tumblers-Ball Pit 0-5 10:00AM-11:00AM Mini Games-Marble maze 3-5 11:30AM-12:30PM Y Games-Kickball 6-12 3:30PM-4:30PM	12 Little Artists 3-5 10:00AM-11:00AM Animal World 3-5 yrs 1:00PM-2:00PM	13 Y Crafts 6-12 3:30PM-4:30PM	14	15
Parent & Tot 10:00AM-11:00AM 0-5 Y Create- 03:30PM-04:30PM 6-12	17 Little Learners 3-5 10:00AM-11:00AM Dino Crafts-Eggs 3-5 11:30AM-12:30PM Science Day 6-12 yrs 3:30PM-4:30PM	18 Tiny Tumblers 0-5 10:00AM-11:00AM Mini Games-Ninja 3-5 11:30AM-12:30PM Y Games-Ball tag 6-12 3:30PM-4:30PM	19 Little Artists 3-5 10:00AM-11:00AM Animal World 3-5 yrs 1:00PM-2:00PM	20 Pro-D Day Face Painting 9:30AM-3:30PM 6-12yrs	21	22
Parent & Tot 10:00AM-11:00AM 0-5 Y Create- 03:30PM-04:30PM 6-12	24 Little Learners 3-5 10:00AM-11:00AM Dino Crafts 3-5 11:30AM-12:30PM Science Day 6-12 yrs 3:30PM-4:30PM	25 Tiny Tumblers 0-5 10:00AM-11:00AM Mini Games-Relay 3-5 11:30AM-12:30PM Y Games-Category Catch 6-12 3:30PM-4:30PM	26 Little Artists 3-5 10:00AM-11:00PM Animal World-Leap Frogs 3-5 yrs 1:00PM-2:00PM	27 Y Crafts 6-12 3:30PM-4:30PM	28	29
						30



Facility Hours
Monday-Friday • 8:00am-5:30pm
186 Columbia Street, Vanderhoof

Contact: vcc@bc.ymca.ca
(250) 570-9505
Register online: mynbcy.ca

Vanderhoof Community Centre • (250) 570-9505 • nbc.ymca.ca



Strategic Plan Refresh Meetings

Join the Board of Education to contribute to the future roadmap for Nechako Lakes

SCHOOL DISTRICT 91 NECHAKO LAKES

Online Sessions Available:
3:00 p.m. Wednesday, November 19
& 6:30 p.m. Tuesday, November 25
(meeting links available at the QR code below)

We look forward to hearing your thoughts and ideas!

www.sd91.bc.ca




Registration is Now open for the Fall Maintenance Season Sept 23 - Nov 29

Registration link

<https://www.active.com/vanderhoof-bc/water-sports/swimming-registrations/nechako-valley-swim-club-fall-maintenance-2025>

If your swimmer did NOT participate with us during the summer session, please remember to include the \$35 BCSSA fee (per swimmer) when registering.

If you are registering multiple swimmers, register them all at once to receive a multi-swimmer discount.

Any problems registering please contact Kathryn Egli

nvsc.registrar.otters@gmail.com

Thank you

Penny Devauld, President

250-567-7999 for any questions about The Nechako Valley Swim Club

NOVEMBER MENU

Student's Name: _____ Teacher: _____

Total Amount: \$

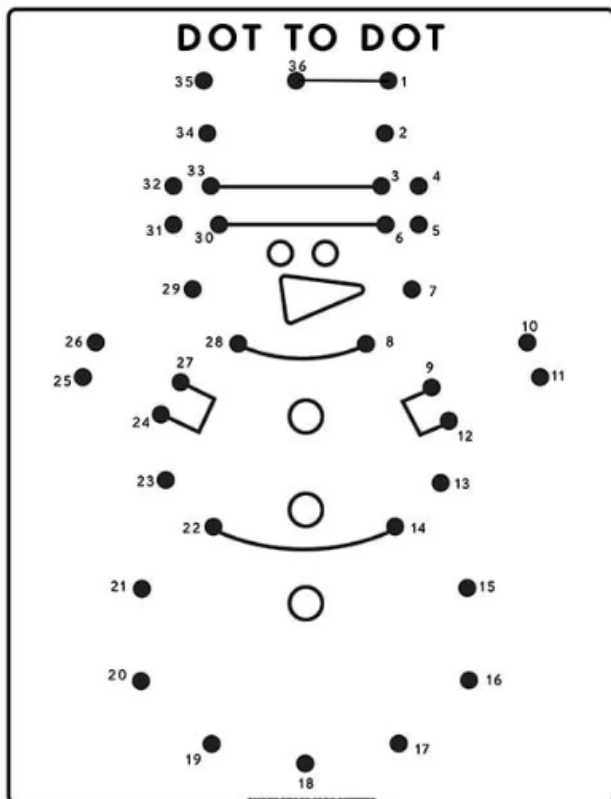
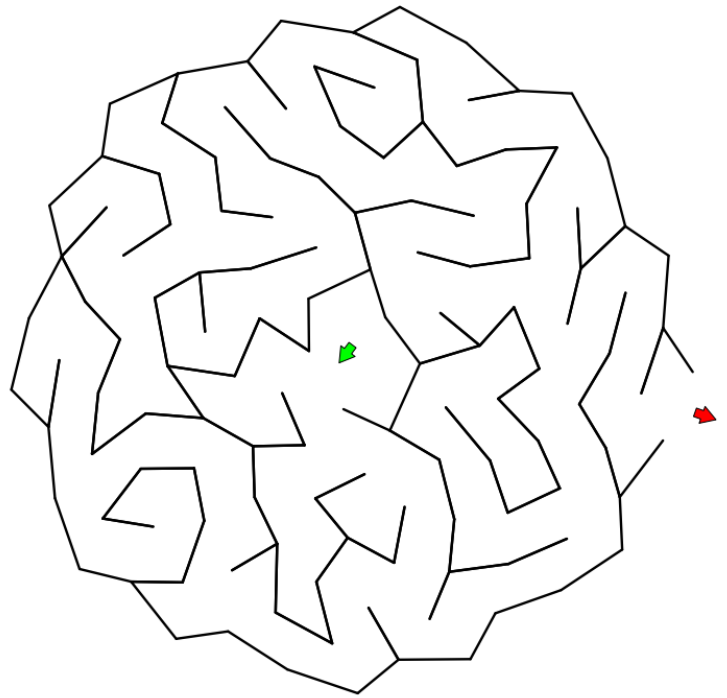
If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! Cheques should be made payable to SD91

Monday	Tuesday	Wednesday	Thursday	Friday
November Events: ? Any sport days				
3 Beef Stir-Fry with Rice 	4 Pancakes and Sausage 	5 Grilled Cheese and Tomato Soup (V) 	6 Breakfast Sandwich 	7 Lasagna  11:00 -- Remembrance Day ceremony
10 Spaghetti 	11 Remembrance Day NO SCHOOL	12 Sausage and Eggs 	13 Ham and Cheese Bun and Salad Bar 	14 Pork in Mushroom Gravy and Rice 
17 Chicken Chow Mein 	18 Broccoli and Cheese Soup (V) 	19 Bacon Ranch Wrap  Handball/Volleyball	20 Breakfast Wrap 	21 PRO-D DAY NO SCHOOL
24 Pizza Bagel 	25 Butter Chicken 	26 Quesadilla (V) 	27 Sloppy Joes and Salad Bar 	28 French Toast Day (V) 

Kid's Corner



Tommy is trying to catch a fish. But there aren't any fish in the water. Can you see where five little fish are hiding?



CAN YOU FIND THE WORDS?

D	C	H	A	I	R	I	V	E	R	C	M
I	Z	I	D	E	A	R	Y	E	A	R	O
S	D	L	O	V	E	E	N	J	O	Y	R
P	B	A	L	L	O	O	N	G	S	A	N
L	J	E	X	P	L	A	I	N	E	W	I
A	B	A	S	K	E	T	D	A	N	A	N
Y	J	P	R	O	M	I	S	E	D	Y	G
Q	W	R	I	T	E	X	C	A	R	D	D

AWAY	BALLOON	EXPLAIN
	RIVER	DISPLAY
ENJOY	LOVE	DEAR
	WRITE	CARD
SEND	YEAR	PROMISE
	BASKET	MORNING
CHAIR	QUESTION	YELLOW
LAUGH	TODAY	KING

