




**November 10, 2026**

# Sinkut View Elementary

**Phone: (250) 567-5133**

***We are grateful to live, work, and play on the unceded, ancestral territories of fourteen First Nations representing the Dakelh, Nedut'en and Wet'suwet'en peoples.***

## MESSAGE FROM THE PRINCIPAL

Dear Sinkut View community,

I hope you are all well after the windstorm this past weekend. I was thinking of all of you wondering how you were faring.

Mid-November is upon us and at this time of year, we center our focus on all those who have given up their comfort to fight for our freedom. I am so grateful to live in a country like Canada and do not take it for granted. You may have some questions and conversation at home following our Remembrance Day ceremony today. Please let me know if there is anything I need to know.

Other than that, please dress your children warmly as windy, wet and chilly days happen! It is so much more fun outside when we are warm and dry 😊

I wish you all a peaceful Remembrance Day tomorrow.

With love and care,
Mia Moutray
Principal




Nov. 12: Skating 10:15 – 11:45 am K/1s and Gr. 3/4
Nov. 18: PAC meeting at 7 pm
**Nov. 20: Pro-D day - No School for Students**
Nov. 27: November Assembly at 2 pm
Dec 15 – Winter Concert at 1:30pm
Dec 16 – Winter Concert at 1:30pm

Circle the hidden words.

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| C | D | H | E | L | P | F | U | N | B |
| X | J | R | F | M | A | T | O | M | Q |
| V | R | E | C | F | C | U | H | F | G |
| O | V | F | O | N | D | O | D | M | G |
| C | V | B | T | P | W | M | H | X | Y |
| L | G | U | R | L | H | H | O | Q | J |
| O | E | F | U | A | T | R | N | Q | M |
| S | Z | E | S | Y | P | M | E | I | I |
| E | F | D | T | X | X | M | S | C | V |
| C | A | R | E | N | S | G | T | E | R |

FUN CARE TRUST PLAY
HONEST HELP FOND CLOSE



## Nechako Figure Skating Club

### CAN SKATE REGISTRATION IS OPEN!

Do you want to learn to skate or have a child that wants to learn to skate?
Registration is open for Nechako Figure Skating Club!
Ages 3 and up

**REGISTRATION LINK:**
https://nechakofsc.uplifterinc.com/registration

Contact : nechakofsc@gmail.com www.nechakofsc.com







## JUNIOR VIKES WRESTLING

VIKES WRESTLING VANDERHOOF

- Open to athletes grades 2-6
- No previous experience necessary
- October 13th - December 15th
- $100

**Hurry, spaces fill quickly!**

**INFORMATION/REGISTRATION:**
**HTTPS://2MEV.COM/12725-JUNIOR-VIKES-WRESTLING-REGISTRATION**

Contact Shannon
shimmelright@sd91.bc.ca

## Children, Youth & Family Services Activity Calendar

### NOVEMBER / 2026

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|---|---|---|---|---|---|---|
| 1 | 2 | 3<br>Outdoor Day<br>3:00 pm - 4:30 pm (7-12 y/o) | 4 | 5<br>Outdoor Day<br>3:00 pm - 4:30 pm (7-12 y/o) | 6 | 7 |
| 8 | 9 | 10 | 11<br>STAT - CLOSED<br>Remembrance Day | 12<br>Outdoor Day<br>3:00 pm - 4:30 pm (7 - 12 y/o) | 13 | 14 |
| 15 | 16 | 17 | 18<br>Outdoor Day<br>3:00 pm - 4:30 pm (7-12 y/o) | 19 | 20<br>Breakfast Club<br>8am-10am Riverside Place<br>Science Lab<br>10am - 3pm (6-12 y/o) | 21 |
| 22 | 23 | 24 | 25 | 26<br>Outdoor Day<br>3:00 pm - 4:30 pm (7-12 y/o)<br>Teen Group<br>3:15pm - 5pm (13-17 y/o) | 27 | 28 |
| 29 | 30 | | | | | Families Matter<br>Drop-in group during regular office hours |

CONNEXUS COMMUNITY RESOURCES

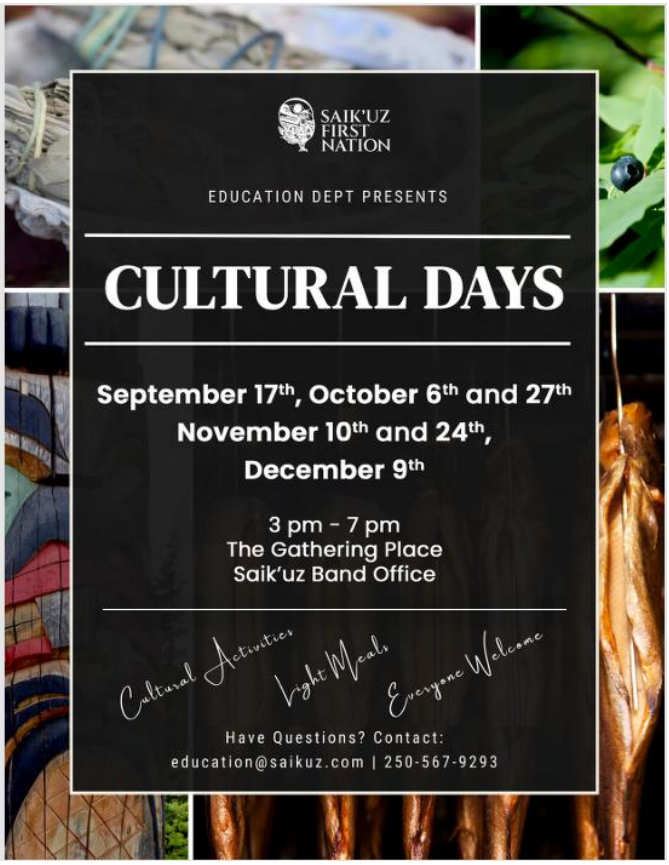
**For more information & to register, contact:**

Declan Cooper-Smith
Email: dcooper-smith@connexus.ca
Phone: (250) 570-1648

Samantha Pratt
Email: spratt@connexus.ca
Phone: (250) 570-7599


SD 91 DPAC
CONSIDERATIONS
FOR
PARENT FRIENDLY
MEETING SPACES
OFFER A PRIVATE AND INVITING MEETING SPACE
CONSIDER ANY BARRIERS OR ACCESSIBILITY FACTORS
ENSURE CLEAR SIGNAGE (INCLUDING LANGUAGES USED BY FAMILIES)
OFFER AN INDIGENOUS ADVOCATE TO BE AVAILABLE
ENSURE FAMILIES SEE THEMSELVES REPRESENTED IN THE SCHOOL
OFFER AN ONLINE OR PHONE MEETING AS A POSSIBLE OPTION
ACTIVELY SEEK INPUT FROM FAMILIES AS PARTNERS


THE GOOD NEIGHBOURS COMMITTEE INVITES YOU TO
CELEBRATE VANDERHOOF'S
MULTICULTURAL
SHOWCASE
DIFFERENT COUNTRIES.
DIFFERENT CULTURES.
ONE COMMUNITY.
12:00-4:00 NOVEMBER 14TH
NECHAKO SENIOR CITIZENS
FRIENDSHIP CENTRE #93
219 VICTORIA STREET E, VANDERHOOF


SAIK'UZ
FIRST
NATION
EDUCATION DEPT PRESENTS
CULTURAL DAYS
September 17th, October 6th and 27th
November 10th and 24th,
December 9th
3 pm - 7 pm
The Gathering Place
Saik'uz Band Office
Cultural Activities
Light Meals
Everyone Welcome
Have Questions? Contact:
education@saikuz.com | 250-567-9293


SAIK'UZ
FIRST
NATION
JOIN US FOR
K-12
TUTORING
Every Tuesday
& Thursday
Starting September 8
from 3:30m pm to 5:30 pm

# NOVEMBER MENU

Student's Name:_____ Teacher:_____ Total Amount:

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you!

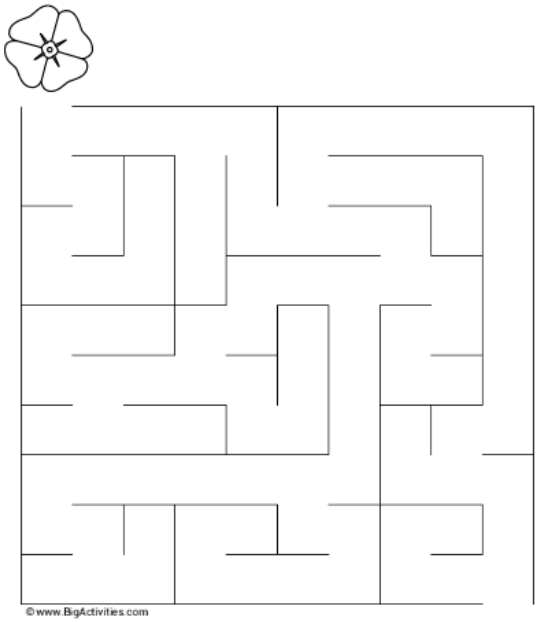
**Student price - $5.00. Staff price - $6.00. Cheques should be made payable to SD91.**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **2**<br>Sausage and Eggs<br> | **3**<br>Beef Roast<br> | **4**<br>Chicken Chow Mein<br> | **5**<br>Quesadilla (V)<br><br>***Grade 4-6 Handball/Volleyball*** | **6**<br>Butter Chicken<br> |
| **9**<br>Sloppy Joes<br> | **10**<br>Perogy Casserole<br><br>***10:45 – Remembrance Day Ceremony*** | **11**<br>**REMEMBRANCE DAY (NO SCHOOL)** | **12**<br>Chicken Caesar Wrap<br> | **13**<br>Lasagna<br> |
| **16**<br>Chicken Strips<br> | **17**<br>Cheeseburgers<br> | **18**<br>Mac and Cheese<br> | **19**<br>Ham and Cheese Bun and Salad Bar<br> | **20**<br>**PRO-D DAY (NO SCHOOL)** |
| **23**<br>Spaghetti<br> | **24**<br>Wowie Maui Chicken<br> | **25**<br>Loaded Baked Potato Soup<br> | **26**<br>Breakfast Sandwich<br> | **27**<br>BBQ Chicken<br> |
| **30**<br>Sausage and Eggs<br> | | | | |

*** Please note: Our kitchen is not fully vegetarian or gluten free. Gluten sensitive options are available if pre-requested.***

*** (V) indicates vegetarian option is available if pre-requested***

**Instructions**: Trace the path through the maze. Help get the poppy to the wreath for Remembrance Day.



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Finish

# COPY THE PICTURE AND COLOR



